

Wednesday 17th September 2025

Dear Parents and Carers,

Subject: Welcome from the Director of Sport – Hartshill Academy

I hope this message finds you well. My name is James Hamilton, and I'm delighted to introduce myself as the new Director of Sport at Hartshill Academy. Having recently joined the school, I'm incredibly excited about the vision we have for sport and physical education. At Hartshill, we believe sport plays a vital role in developing not only physical fitness but also teamwork, resilience, and character. Our aim is to ensure every pupil has the opportunity to take part in high-quality lessons and a wide range of extra-curricular activities, regardless of their experience or ability. We want sport to be something all pupils look forward to and be seen as a key part of their education.

Our curriculum is designed to inspire a lifelong love of physical activity. From engaging PE lessons to the specialist pathways offered in Years 10 and 11—GCSE Physical Education and the Cambridge National in Sports Studies—we provide opportunities for pupils to explore sport in ways that suit their individual interests and strengths. We recognise that team sports aren't for everyone, which is why we offer a wide range of individual and alternative activities, helping every pupil find a form of physical activity they enjoy. Whether through competitive sport, fitness training, or leadership roles, we aim to build confidence, resilience, and a lasting passion for being active.

Extra-Curricular Programme

We are proud to offer an extensive extra-curricular programme, including clubs in football, rugby, netball, basketball, athletics, cricket, rounders, fitness, and more throughout the year. These sessions are open to all pupils and provide fantastic opportunities to stay active, build friendships, and develop new skills.

This terms sports are below:

	Monday	Tuesday	Wednesday	Thursday	Friday
Before	GYM	GYM	Sensory Gym (invite only)	GYM	Sensory Gym (invite only)
	RUGBY Yr7	RUGBY Yr8	RUGBY Yr9	RUGBY Yr10/11	
			KS3 Girls Football		
Lunch	GCSE 10/11 Drop in	Badminton KS3	Table Tennis KS3	Table Tennis KS4	Just Dance Yr7
	CTEC 10/11 Drop in		Badminton KS4	Basketball KS3 Mixed	Basketball KS4 Mixed
	FUTSAL Yr7/8		(7, 8/9,10/11)		
After		Sports Leaders Yr9	KS4 Girls Football	P7 Individual Sport	
		KS4 Girl GYM	Basketball Boys	Fixtures	
		Basketball Girls	KS4 Boy GYM		
		Fixtures	Fixtures		

Before school starts from 07:45 - 08:30

Lunch is from 12:55 - 13:30 - Packed lunch is advised

After school from 15:30 - 16:30

*If attending Gym in the morning, arrive in P.E kit and then change into school uniform for lessons.

Sports Scholars Programme

Principal: Miss L Taylor

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This year, we are launching our Sports Scholarship Programme to support talented and committed sportspeople within the Academy. Through mentoring, workshops, and additional opportunities, we aim to help pupils develop further—whether they already compete at a high level or are simply passionate about improving through training, teamwork, and leadership. If your child would like to have more information, please ask them to attend a meeting at lunchtime on the 24th September in G06.

PE Participation and Expectations

We ask that all pupils come prepared and ready to take part in PE lessons. If a pupil is unable to participate, a written note from a parent/carer is required. Even when excused from physical activity, pupils should be in their kit and remain engaged in the lesson in other ways.

PE Kit and Equipment

We aim to continue lessons outdoors in all weathers unless conditions are unsafe. It is essential that pupils arrive properly equipped and have their school sports hoodie and jogging bottoms available to change into.

PE Kit Checklist:

- Hartshill Academy PE polo shirt
- Black Shorts (without zipped pockets) / skort / leggings
- Black Tracksuit bottoms to change into after outdoor lessons
- Appropriate footwear (including football/rugby boots where needed)
- Shin pads (for football)
- Gum shield (for rugby – strongly advised by the National Governing Body)
- Black Base layers (optional – permitted for additional warmth)

Jewellery, Piercings, Makeup, and Nails

For safety reasons, jewellery and piercings must be removed for PE lessons. Pupils are also expected to follow the school's policy on makeup and nails, ensuring these do not interfere with participation in sport or physical activity. Unfortunately, sanctions will be given to pupils who fail to follow the school's policy.

I'm really looking forward to working with you and your children, helping them achieve their very best through sport and physical education at Hartshill Academy.

Thank you in advance for your support. If you have any questions, please don't hesitate to contact me.

Kind regards,

Mr J Hamilton



Director of Sport
Hartshill Academy

Principal: Miss L Taylor

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